

LIFEGUARD TRAINING CLASS

Maplewood Middle School
2410 Holloway St, Maplewood

Earn your American Red Cross Lifeguard Certificate and be prepared for summer work in local pools and lakes. This course will include CPR for the professional rescuer, first aid and AED.

Prerequisites:

- Age 15 by course completion
- Swim 400 yards continuously
- Pick up 10 pound brick from 10 feet of water



4 Sessions	Course Fee \$ 200	Course # SWLA
Friday, Jan 8	5:30 - 9:30 pm	Sunday, Jan 10 9:00 am - 5:00 pm
Saturday, Jan 9	9:00 am - 5:00 pm	Saturday, Jan 16 9:00 am - 5:00 pm

*Class size is limited. Registration deadline is Jan 5, 2009.
Questions call Dawn at 651-748-7434.*

Lifeguard Training Registration Form

Complete form and keep a copy for your records

NAME _____
 ADDRESS _____
 CITY _____ ZIP _____
 HOME PHONE _____ OTHER PHONE _____
 PARENT/GUARDIAN NAME _____

UCare Member Discount – Up to \$15 per class. UCare member ID# _____

Class Fee (SWLA)	\$ 200.00
Less UCare (if applicable)	- _____
Total amount enclosed	\$ _____

Charge my: MasterCard/Visa Card# _____ - _____ - _____ - _____
 Expiration Date _____ Signature _____

Write Checks to: District #622
 Mail to: Community Education Swim, 2520 E. 12th Ave., North St. Paul, MN 55109
 Phone Registrations call Dawn at 651-748-7434 or Fax 651-748-7497.